

# Brain Injury Facts

## Some Symptoms of Brain Injury

- Headache
- Fatigue
- Memory Loss
- Confusion
- Loss of Consciousness
- Dizziness
- Disinhibition
- Post Traumatic Stress Disorder

## Potential Cognitive Consequences

- Memory loss (short and/or long-term)
- Slowed ability to process information
- Difficulty concentrating
- Difficulty communicating
- Organizational problems
- Impaired judgment
- Difficulty initiating activities
- Difficulty completing activities
- Unable to do more than one thing at a time
- Distractibility

## Potential Physical Consequences

- Seizures
- Muscle spasticity
- Low Vision, double vision or blindness
- Loss of smell
- Loss of hearing
- Loss of taste
- Speech impairments
- Headaches or head pain
- Fatigue
- Balance Problems

## Potential Emotional Consequences

- Increased anxiety
- Depression
- Mood swings
- Impulsivity
- Agitation
- Difficulty seeing how behaviors affect others

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